Bluesky Food Menu - Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u>	Choice of Cereals, Toast, Milk & Fresh Fruit	Choice of Cereals, Toast, Milk & Fresh Fruit	Choice of Cereals, Toast, Milk & Fresh Fruit	Choice of Cereals, Toast, Milk & Fresh Fruit	Choice of Cereals, Toast, Milk & Fresh Fruit
AM Snack	Choice of fresh fruit, Vegetable sticks & Milk Breadsticks	Choice of fresh fruit, Vegetable sticks & Milk Cheese crackers	Choice of fresh fruit, Vegetable sticks & Milk Breadsticks	Choice of fresh fruit, Vegetable sticks & Milk Rice cakes	Choice of fresh fruit, Vegetable sticks & Milk Cream crackers
<u>Lunch</u> Hot food is served daily.	Cheese and Onion Pasty (V)	Fish Goujons (V) or Shish Kebab (H)	Roast Chicken (H) or Quorn Roast (V) & Yorkshire Pudding	Quorn Lasagne (V) With Seasonal	Margarita Pizza (V) With Baked Beans or
Puddings available include Jelly, Fresh fruit, or Yogurt.	With Seasonal Vegetables, Wedges & Salad	With Seasonal Vegetables & Potatoes	With Seasonal Vegetables & Roast	Vegetables & Seasoned Wedges	Spaghetti Hoops & Chunky Chips
(H) - Halal Option			Potatoes		
Available (V) - Vegetarian	Pudding	Pudding	Pudding	Pudding	Pudding
* Gravy is offered to all children	Choice of fruit and/or yogurt	Choice of fruit and/or yogurt	Choice of fruit and/or yogurt	Choice of fruit and/or yogurt	Choice of fruit and/or yogurt
<u>PM Snack</u>	Choice of fresh fruit, Vegetable sticks & Milk Cheese crackers	Choice of fresh fruit, Vegetable sticks & Milk Breadsticks	Choice of fresh fruit, Vegetable sticks & Milk Rice cakes	Choice of fresh fruit, Vegetable sticks & Milk Cream crackers	Choice of fresh fruit, Vegetable sticks & Milk Breadsticks
<u>Tea</u> Fruit offered daily during Tea	Toasted Bagels with Soft Cheese & Cucumber Sticks	Noodles with Pepper Sticks	Waffles with Cheese & beans Fruit	Soup & Bread with Vegetable Sticks	Quiche with a Side Salad

Cereal includes a choice of: Cornflakes, Wheat Biscuits, Multigrain Hoops, Rice Krispies/snaps and Malt Wheat Cereal
Choice of fruit includes: Banana, Orange, Pear, Apple, and Seasonal Fruits
Halal Options available Tuesday, Wednesday & Thursday

Bluesky Food Menu - Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u>	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals
	Toast & Milk	Toast & Milk	Toast & Milk	Toast & Milk	Toast & Milk
	Fruit available	Fruit available	Fruit available	Fruit available	Fruit available
AM Snack	Choice of fresh fruit,	Choice of fresh fruit,	Choice of fresh fruit,	Choice of fresh fruit,	Choice of fresh fruit,
	Vegetable sticks & Milk Cheese crackers	Vegetable sticks & Milk Breadsticks	Vegetable sticks & Milk Rice cakes	Vegetable sticks & Milk Cream crackers	Vegetable sticks & Milk Breadsticks
<u>Lunch</u>	Tuna Pasta Bake (V)	Vegetable Samosa (V)	Roast Chicken (H) or	Cheese Burger or Lamb	Fish Fingers (V)
Hot food is served			Quorn Roast (V) &	Burger (H)	
daily.	With Seasonal	With Seasonal	Yorkshire Pudding	_	With Baked Beans or
Puddings available	Vegetables & Seasoned	Vegetables & Potatoes		With Seasonal	Spaghetti Hoops &
include Jelly, Fresh	Wedges		With Seasonal	Vegetables & Seasoned	Chunky Chips
fruit, or Yogurt.			Vegetables & Roast Potatoes	Wedges	
(H) - Halal Option					
Available					
(V) - Vegetarian					
* Gravy is offered to all	Pudding	Pudding	Pudding	Pudding	Pudding
children	Choice of fruit and/or	Choice of fruit and/or	Choice of fruit and/or	Choice of fruit and/or	Choice of fruit and/or
	yogurt	yogurt	yogurt	yogurt	yogurt
PM Snack	Choice of fresh fruit,	Choice of fresh fruit,	Choice of fresh fruit,	Choice of fresh fruit,	Choice of fresh fruit,
	Vegetable sticks & Milk	Vegetable sticks & Milk	Vegetable sticks & Milk	Vegetable sticks & Milk	Vegetable sticks & Milk
	Breadsticks	Rice cakes	Cream crackers	Breadsticks	Cheese crackers
<u>Tea</u>	Wraps with	Spaghetti Hoops &	Soup & bread roll with	Noodles with sweet	Cheese on Toast
Fruit offered daily	cheese/tuna &	Toast	vegetable sticks	corn & Prawn Crackers	Cucumber slices
during Tea	vegetable sticks	Grated carrots			

Cereal includes a choice of: Cornflakes, Wheat Biscuits, Multigrain Hoops, Rice Krispies/snaps and Malt Wheat Cereal
Choice of fruit includes: Banana, Orange, Pear, Apple, and Seasonal Fruits
Halal Options available Tuesday, Wednesday & Thursday

Bluesky Food Menu - Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u>	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals	Choice of Cereals
	Toast & Milk	Toast & Milk	Toast & Milk	Toast & Milk	Toast & Milk
	Fruit available	Fruit available	Fruit available	Fruit available	Fruit available
AM Snack	Choice of fresh fruit,	Choice of fresh fruit,	Choice of fresh fruit,	Choice of fresh fruit,	Choice of fresh fruit,
	Vegetable sticks & Milk	Vegetable sticks & Milk	Vegetable sticks & Milk	Vegetable sticks & Milk	Vegetable sticks & Milk
	Rice cakes	Cream crackers	Breadsticks	Cheese crackers	Breadsticks
Lunch	Carbonara (V)	Mince Beef Chilli & Rice	Roast Chicken (H) or	Fish Goujons (V)	Cheese & Potato Pie (V)
Hot food is served daily.		or Shish Kebab (H) or	Quorn Roast (V) &	-	
Puddings available	With Seasonal	Fish Fingers (V)	Yorkshire Pudding	With Seasonal	With Seasonal
include Jelly, Fresh	Vegetables & Seasoned	_		Vegetables & Mash	Vegetables & Chunky
fruit, or Yogurt.	Wedges	With Season Vegetables	With Seasonal	Potato or Seasoned	Chips
		& Potatoes	Vegetables & Roast	Wedges	
(H) - Halal Option			Potato		
Available					
(V) - Vegetarian					
* Gravy is offered to all					
children	Pudding	Pudding	Pudding	Pudding	Pudding
	Choice of fruit and/or	Choice of fruit and/or	Choice of fruit and/or	Choice of fruit and/or	Choice of fruit and/or
	yogurt	yogurt	yogurt	yogurt	yogurt
PM Snack	Choice of fresh fruit,	Choice of fresh fruit,	Choice of fresh fruit,	Choice of fresh fruit,	Choice of fresh fruit,
	Vegetable sticks & Milk	Vegetable sticks & Milk	Vegetable sticks & Milk	Vegetable sticks & Milk	Vegetable sticks & Milk
	Cream crackers	Breadsticks	Cheese crackers	Breadsticks	Rice cakes
<u>Tea</u>	Jacket Potato with	Rice & Grilled/Quorn	Sandwiches with Cheese	Spaghetti hoops on	Quiche with a Side
Fruit offered daily	Cheese & Beans	Chicken	and Cucumber	toast	Salad
during Tea	Sweet pepper sticks	With sweetcorn		Cucumber slices	

Cereal includes a choice of: Cornflakes, Wheat Biscuits, Multigrain Hoops, Rice Krispies/snaps and Malt Wheat Cereal
Choice of fruit includes: Banana, Orange, Pear, Apple, and Seasonal Fruits
Halal Options available Tuesday, Wednesday & Thursday