## Bluesky Food Menu - Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u>	Choice of Cereals Toast & Milk Fruit available	Choice of Cereals Toast & Milk Fruit available	Choice of Cereals Toast & Milk Fruit available	Choice of Cereals Toast & Milk Fruit available	Choice of Cereals Toast & Milk Fruit available
<u>AM Snack</u>	Choice of fresh fruit, Vegetable sticks & Milk Breadsticks	Choice of fresh fruit, Vegetable sticks & Milk Cheese crackers	Choice of fresh fruit, Vegetable sticks & Milk Breadsticks	Choice of fresh fruit, Vegetable sticks & Milk Rice cakes	Choice of fresh fruit, Vegetable sticks & Milk Cream crackers
<b>Lunch</b> Hot food is served  daily.	Chicken Goujons or Fish in Breadcrumbs	Spaghetti Bolognaise or Halal Shish Kebab	Roast/ Halal Chicken Roast, Yorkshire Pudding & Potato	Quorn Curry & Rice	Margarita Pizza
Puddings available include Jelly, Fresh fruit, or Yogurt.	With Seasonal Vegetables, Potato Swirls & Salad	With Seasonal Vegetables & Seasoned Wedges	With Seasonal Vegetables	With Seasonal Vegetables & Potato Swirls	With Seasonal Vegetables, Spaghetti Hoops & Chips
(H) - Halal (V) - Vegetarian * Gravy is offered to all children	Pudding Choice of fruit and/or yogurt	Pudding Choice of fruit and/or yogurt	Pudding Choice of fruit and/or yogurt	Pudding Choice of fruit and/or yogurt	Pudding Choice of fruit and/or yogurt
<u>PM Snack</u>	Choice of fresh fruit, Vegetable sticks & Milk Cheese crackers	Choice of fresh fruit, Vegetable sticks & Milk Breadsticks	Choice of fresh fruit, Vegetable sticks & Milk Rice cakes	Choice of fresh fruit, Vegetable sticks & Milk Cream crackers	Choice of fresh fruit, Vegetable sticks & Milk Breadsticks
<u>Tea</u> Fruit offered daily during Tea	Toasted Bagels with Soft Cheese & Cucumber Sticks	Noodles with Pepper Sticks	Sandwiches with cheese or turkey ham, cucumber & tomatoes	Egg on Toast with Spring Onion	Jam or Cheese Sandwiches with Cucumber & Carrot sticks

Cereal includes a choice of: Cornflakes, Wheat Biscuits, Multigrain Hoops, Rice Krispies/snaps and Malt Wheat Cereal
Choice of fruit includes: Banana, Orange, Pear, Apple, and Seasonal Fruits
Halal Options available Tuesday, Wednesday & Thursday

## Bluesky Food Menu - Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u>	Choice of Cereals				
	Toast & Milk				
	Fruit available				
AM Snack	Choice of fresh fruit,				
	Vegetable sticks & Milk				
	Cheese crackers	Breadsticks	Rice cakes	Cream crackers	Breadsticks
Lunch	Cheese & Onion Pasty	Vegetable Curry & Rice	Roast/Halal Chicken	Cheese Burger or Halal	Fish in Breadcrumbs &
Hot food is served	·		Yorkshire Pudding &	Chicken Poppets	Chips
daily.			Roast Potato's		·
Puddings available	With Seasonal	With Seasoned Wedges		With Seasonal	With Spaghetti Hoops
include Jelly, Fresh	Vegetables & Potato	& Seasonal Vegetables	With Seasonal	Vegetables, Potato	or Baked Beans &
fruit, or Yogurt.	Swirls		Vegetables	Swirls & Salad	Seasonal Vegetables
(H) – Halal					
(V) - Vegetarian	Pudding	Pudding	Pudding	Pudding	Pudding
* Gravy is offered to all	Choice of fruit and/or				
children	yogurt	yogurt	yogurt	yogurt	yogurt
PM Snack	Choice of fresh fruit,				
	Vegetable sticks & Milk				
	Breadsticks	Rice cakes	Cream crackers	Breadsticks	Cheese crackers
Tea	Wraps with cheese or	Jam sandwiches with	Noodles with sweet	Vegetable rice with	Chicken or Quorn
Fruit offered daily	tuna & sweet pepper	choice of fruit	corn and peas & Prawn	Chicken or Quorn &	Sandwiches
during Tea	sticks		Crackers	Side Salad	With tomato and
					cucumber

Cereal includes a choice of: Cornflakes, Wheat Biscuits, Multigrain Hoops, Rice Krispies/snaps and Malt Wheat Cereal
Choice of fruit includes: Banana, Orange, Pear, Apple, and Seasonal Fruits
Halal Options available Tuesday, Wednesday & Thursday

## Bluesky Food Menu - Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u>	Choice of Cereals				
	Toast & Milk				
	Fruit available				
AM Snack	Choice of fresh fruit,				
	Vegetable sticks & Milk				
	Rice cakes	Cream crackers	Breadsticks	Cheese crackers	Breadsticks
Lunch	Tomato & Basil Pasta	Fish Goujons &	Roast/Halal Chicken	Lamb Curry & Rice	Cheese & Potato Pie
Hot food is served daily.		Seasoned Wedges	Yorkshire Pudding &		
Puddings available		_	Roast Potato's		
include Jelly, Fresh	With Seasonal			With Seasonal	With Chunky Chips &
fruit, or Yogurt.	Vegetables & Potato	With Seasonal	With Seasonal	Vegetables & Potato	Seasonal Vegetables
	Swirls	Vegetables & Salad	Vegetables	Swirls	_
(H) - Halal		-			
(V) - Vegetarian					
* Gravy is offered to all	Pudding	Pudding	Pudding	Pudding	Pudding
children	Choice of fruit and/or				
	yogurt	yogurt	yogurt	yogurt	yogurt
PM Snack	Choice of fresh fruit,				
	Vegetable sticks & Milk				
	Cream crackers	Breadsticks	Cheese crackers	Breadsticks	Rice cakes
<u>Tea</u>	Toasted Bagels with	Lunch Kabobs	Sandwiches - Cheese,	Beans on toast	Cheese Quesadillas
Fruit offered daily	Soft Cheese & Turkey	Meat/Quorn, Cheese,	Turkey, Chicken or Jam	Cucumber slices	Tortilla wrap, Cheese,
during Tea	Ham	Lettuce, Peppers and			Peppers, Ground Cumin
	Sweet pepper sticks	Cucumber			

Cereal includes a choice of: Cornflakes, Wheat Biscuits, Multigrain Hoops, Rice Krispies/snaps and Malt Wheat Cereal
Choice of fruit includes: Banana, Orange, Pear, Apple, and Seasonal Fruits
Halal Options available Tuesday, Wednesday & Thursday