

Sensory Gloves

What you need

- Gloves
- Rice
- Flower
- Beans



How to

Add different things into latex gloves such as rice, water, flour or beans.

Children can then explore the feel of each by poking and squeezing.

Parents can encourage children to talk about when and why we wear gloves, for example putting on gloves when we make food for other people or when we clean up.