

## My Emotions –Explore the face bricks – 3-4 Year Olds

Set aside the eight face bricks. If you do not have the Lego face bricks, draw them on using washable ink 😊.

Tell the children they will use some LEGO/DUPLO bricks to play a game about emotions. Ask the children to name some different emotions.

Hold up the bricks, one at a time and encourage the children to notice the facial expression on each brick.

Point out the eye shape and mouth shape on the bricks.

Ask the children to tell about a time when they were happy. Ask them to show how their faces look when they are happy.

Explain that different words are used to describe emotions and that these words may have similar meanings, but are still a little bit different.

- The words, *angry*, *grumpy*, and *annoyed* could be used to describe the expression on the circled brick shown in the sidebar. Discuss the differences and similarities between feeling angry, grumpy, and annoyed. Give the children other examples such as *happy*, *cheerful*, and *joyful*.
- Play a game with the children. Ask one child to secretly choose a face brick and to not show the brick to anyone else.
- Ask the child to show the same emotion on his or her own face.
- Ask the other children to guess which emotion is being shown. Continue playing this game until the children are able to rapidly identify the different facial expressions. They can give multiple responses for the same brick as long as they make sense.

