

## Active Me – Spring hand printed flowers!

Kids love dipping palms and fingers in gooey paint-filled trays and making handprints or fingerprints on cardboard or paper. Their faces light up as they see the amazing results of transferring the paint from their hands onto paper.

What will you need:

- Paint
- Paper
- Tray
- Paint brush
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This activity is a fun way to engage your toddler in fine motor, creative play. Fine motor experiences help prepare kids in a variety of ways, including strengthening hands and fingers for the development of hand-writing skills.

