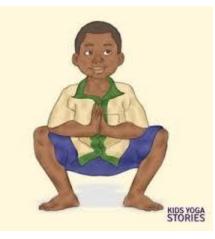
## Spring yoga Poses for children

Pretend to be a frog



Walk Like a crab



KIDS YOGA STORIES



Pretend to be a Tree

Fly like a Bird

## Pose like a butterfly

Children can attempt to do these yoga poses outside.

