



### **Game: Hopscotch (8 - 10 minutes)**

- Leader draws a hopscotch grid with chalk on pavement or uses tape on a floor.
- Hopscotch should have 10 sections numbered 1 to 10.
- Each player has a different coloured bean bag. •

First player tosses bean bag onto square 1, then hops over square 1 to square 2 and continues hopping to square 10.

- When player gets to square 10 they turn around and hop back again.
- When they get to the square before the square with their bean bag, they pause to pick up their bean bag and continue to hop back to the start.
- Then the next player goes.
- Once everyone has gone once, first player tosses bean bag onto square 2 and hops through hopscotch again.
- Game continues until everyone has tossed their bean bag into square 10.

### **TIPS FOR Instruction**

- Hopping is done on one foot
- Children must hop over square that has their bean bag
- Leader can ask children to alternate feet
- Leader can ask children to start on one foot and land on other foot as in the Demonstration
- To maximize participation, have no more than 3 players per hopscotch grid

### **Wrap-up (2 minutes)**

- Call the children back into a circle. Review what they learned today. What did you find most challenging about the hopscotch game? Where could you play this game?