

## REFLECTIONS



**Materials needed:** Baby-safe mirror

**What to do:** Show your baby his/her reflection in the mirror, then ask, "Who is that?" Repeat with your own reflection and a sibling's or a stuffed animal's.

Encourage your child to repeat words and actions after you. Support them to find their facial features i.e. eyes, ears, and nose.

**Skills learned:** Visual, social, and emotional development