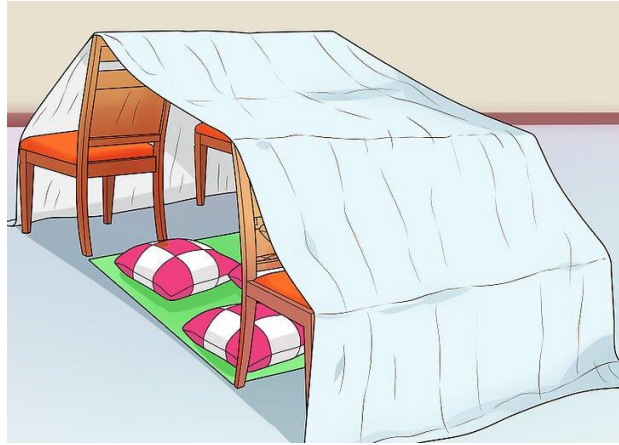


Building a Fort



Forts are easy to build and they provide countless hours of fun for children and adults. You can make your fort with everyday household items like blankets, sheets, chairs,

You can get your child to help you make an indoor fort and then get your child to experiment with the technology toys e.g. flashlight, cd player, remote etc. This will help your child to explore the game of light and shadows in an ambient atmosphere.

Here is a little help guide to get you started:-



- 1) Take 2 rows of chairs with the back facing each other

Tips-

- If you don't have chairs to support your fort, see what other sturdy items are in the room. Laundry hampers and boxes can serve as fort building materials
- You can use furniture of different heights to create high and low places in the fort, which makes it extra fun to crawl around inside. Make sure to choose furniture items that are tall enough so you will be able to crawl or sit under the blankets in the fort.



- 2) Place blankets and pillows on the floor of the fort to make it comfortable

Tips-

- You can also place extra blankets or sleeping bags in the fort to cover yourself up.
- If the ceiling of your fort is high enough, you could even place a few low chairs or stools in the fort, such as bean bag chairs etc



3) Drape a sheet or blanket over the furniture pieces

Tips:

- Layer more than 1 sheet or blanket over the furniture to provide a darker environment inside of the fort.
- Use a light-colored sheets to allow some light into the inside of the fort, or use a dark-colored sheet or blanket to make it darker in the fort.

Tips on what to do in a fort-

- Experiment with light/dark objects
- Reading a book with your child with a torch
- Having a snack with your child



4) Secure the blankets with heavy objects or clothespins. The edges of the blanket will eventually slip off the furniture if you do not weigh them down. Grab a few books or other heavy objects and place them on the edges of the blanket