

Bluesky Food Menu - Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u>	Choice of Cereals Toast Milk	Choice of Cereals Toast Milk	Choice of Cereals Toast Milk	Choice of Cereals Toast Milk	Choice of Cereals Toast Milk
<u>AM Snack</u>	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh milk
<u>Lunch</u> <i>Hot food is served daily.</i> <i>Puddings available include Jelly, Fresh fruit, or Yogurt.</i> (H) - Halal (V) - Vegetarian * Gravy is offered to all children	Chicken Korma & Rice with vegetables ----- Pudding	Beef Burger, Potato wedges, carrots and sweetcorn ----- Pudding	Roast Chicken & stuffing with mashed potato, peas, carrots and broccoli ----- Pudding	Cottage Pie with vegetables ----- Pudding	Fish, Potato Wedges and vegetables ----- Pudding
<u>PM Snack</u>	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh Milk
<u>Tea</u>	Beans on toast Fruit	Crumpets	Sandwiches with tuna and sweetcorn.	Pittas with cheese, cucumber and tomatoes	Create your own Wraps
**Cereal includes a choice of: Cornflakes, Wheat Biscuits, Multigrain Hoops, Rice Krispies/snaps and Malt Wheat Cereal ^ Choice of fruit includes: Banana, Orange, Pear, Apple, and Seasonal Fruits					

Bluesky Food Menu - Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u>	Choice of Cereals** Toast Milk	Choice of Cereals** Toast Milk	Choice of Cereals** Toast Milk	Choice of Cereals** Toast Milk	Choice of Cereals** Toast Milk
<u>AM Snack</u>	Choice of fresh fruit^ Fresh Milk	Choice of fresh fruit^ Fresh Milk	Choice of fresh fruit^ Fresh Milk	Choice of fresh fruit^ Fresh Milk	Choice of fresh fruit^ Fresh milk
<u>Lunch</u> <i>Hot food is served daily.</i> <i>Puddings available include Jelly, Fresh fruit, bananas and custard or Yogurt.</i> <i>(H) - Halal</i> <i>(V) - Vegetarian</i> <i>* Gravy is offered to all children</i>	Chilli Con Carne with rice and vegetables ----- Pudding	Chinese Style Chicken Wraps with vegetables ----- Pudding	Roast Beef & Stuffing Balls with Potato's and vegetables ----- Pudding	Spaghetti Bolognese with vegetables ----- Pudding	Chicken Nuggets and chips with peas and sweetcorn ----- Pudding
<u>PM Snack</u>	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh Milk
<u>Tea</u>	Crumpets	Spaghetti Hoops and toast	Sandwiches with Cheese and Cucumber	Noodles	Tuna sandwiches
**Cereal includes a choice of: Cornflakes, Wheat Biscuits, Multigrain Hoops, Rice Krispies/snaps and Malt Wheat Cereal ^ Choice of fruit includes: Banana, Orange, Pear, Apple, and Seasonal Fruits					

Bluesky Food Menu - Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u>	Choice of Cereals** Toast Milk	Choice of Cereals** Toast Milk	Choice of Cereals** Toast Milk	Choice of Cereals** Toast Milk	Choice of Cereals** Toast Milk
<u>AM Snack</u>	Choice of fresh fruit^ Fresh Milk	Choice of fresh fruit^ Fresh Milk	Choice of fresh fruit^ Fresh Milk	Choice of fresh fruit^ Fresh Milk	Choice of fresh fruit^ Fresh milk
<u>Lunch</u> <i>Hot food is served daily. Puddings available include Jelly, Fresh fruit, or Yogurt.</i> (H) - Halal (V) - Vegetarian * Gravy is offered to all children	Vegetable Pasta Bake ----- Pudding	Chicken Casserole with vegetables ----- Pudding	Roast Chicken & Yorkshire Pudding With vegetables and potato ----- Pudding	Beef Lasagna ----- Pudding	Pepperoni Pizza with chips and beans ----- Pudding
<u>PM Snack</u>	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh Milk	Choice of fresh fruit Fresh Milk
<u>Tea</u>	Warm Bagels and soft cheese Fruit	Sandwiches with Cheese and Jam	Create our own wraps with cheese, peppers and carrots	Beans on toast Fruit	Crackers with cheese spread
**Cereal includes a choice of: Cornflakes, Wheat Biscuits, Multigrain Hoops, Rice Krispies/snaps and Malt Wheat Cereal ^ Choice of fruit includes: Banana, Orange, Pear, Apple, and Seasonal Fruits					